

Whole Person Care Preceptorship 2021

A Summer That Lasts A Lifetime!

June 10- July 3

Fun Facts

6 Nursing Students
6 Medical Students
9 Females
3 Males
23 Whole Person Care conversations per person



We're from ...

Did You Know ...

... the Joint Commission on Accreditation of Healthcare Organizations requires healthcare workers to offer spiritual care?

... research shows that patient spirituality can improve health?

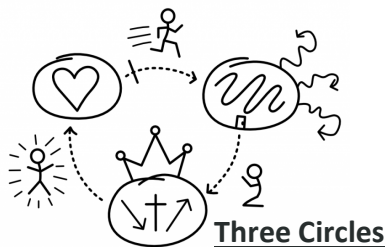
...most (~70%) patients want their healthcare provider to address their spiritual needs?

'Christians who happen to be healthcare professionals'



What is Whole Person Care?

Whole person care addresses the emotional, mental, relational, spiritual, and physical needs of a patient. One can examine the emotional and spiritual needs of a patient by asking a variety of questions such as, but not limited to: "How have you been coping with your illness? What has been your source of strength during this process? Source of hope? How has your relationship with God been affected? Has this illness affected the way you see yourself? Have you had alone time to pray or meditate? Would it be helpful if we prayed for you?" Oftentimes, whole person care is not followed through due to a lack of time, training, and it is not valued as important; although, Jesus Himself practiced whole person care a vast amount of times in the bible (Mark 9:14-27, Mark 10:51-52, and Luke 8:40-56).



Knowing God Personally Booklet



<https://m.youtube.com/watch?v=jkIwHhS7o-0&feature=youtu.be>

www.cru.org

Jasmine listened to the prompt of the Holy Spirit and called her high school friend one night. Her friend shared that she was contemplating the meaning of life. Jasmine offered to share her hope in the Gospel using the Three Circles tool we learned. Her friend accepted the offer and was greatly encouraged when she heard the story of God's love. Many other participants have had similar encouraging conversations with people on the University of Redlands' campus or in their lives.



I Thessalonians 5:11 'Therefore encourage one another and build one another up, just as you are doing.'



The Summer in One Word

Revitalizing – Dana
(Nursing, USCU)

Recentering – Liz
(Nursing, UWO)

Foundational – Isabelle
(Nursing, GMU)

Redemptive – Joe (Med
Student, LLUSM)

Reflective – Sarah-Jane
(Med Student, LLUSM)

Engaging - Julia (Med
Student, LLUSM)

Enriching – Micailya
(Med Student, EVMS)

Rejuvenating - Eric (Med
Student, UAMS)

Revolutionary - Caleb
(Med Student, LLUSM)

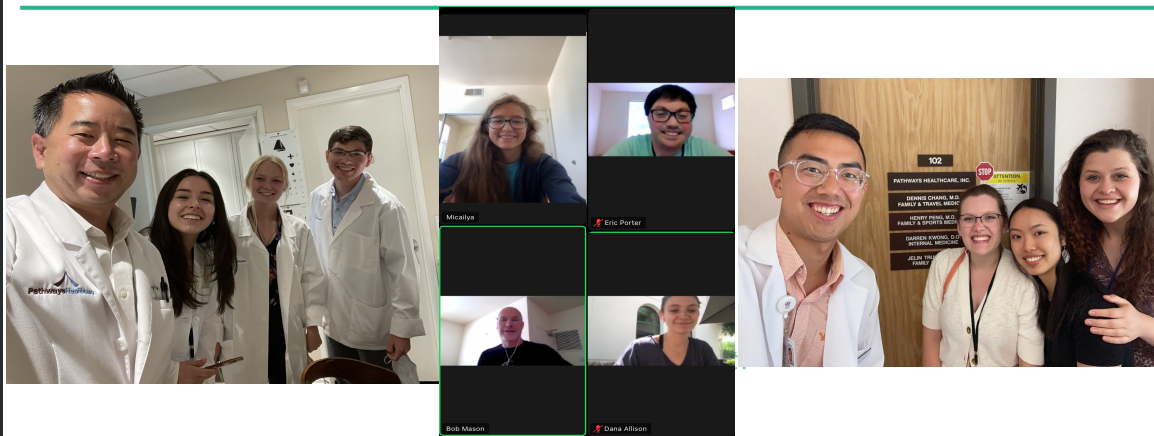
Transformative – Emma
(Nursing, NMU)

Reprioritizing – Summer
(Nursing, WMU)

Fruitful – Jasmine
(Nursing, SU)

How did we practice Whole Person Care?

We had the opportunity to work with faculty and standardized patients in virtual visits and in-person simulations. Virtual patient encounters consisted of 15 minute Zoom sessions followed by 5 minutes of feedback from the actors. We facilitated conversations with the standardized patients concerning their medical, emotional, and spiritual well-being within a wide variety of scenarios. During in-person simulations we sensitively disclosed traumatic news to patients then received helpful feedback. Additionally, every week we shadowed physicians who routinely incorporate whole person care in their medical practice. These physicians were within 1.5 hours driving distance including Dr. Peng, Dr. Strum, Dr. Lee, Dr. Phillips, Dr. Shu, Dr. Brothers, and Dr. Schoen.



How did we connect with each other?

This experience was packed with opportunities for fellowship, personal growth, and exciting adventures! Meeting twice per week in small groups (5-7 people), we were able to explore where we find our self-worth using *Search for Significance* by Robert McGee as our guide. We shared our insecurities and strengthened our bond with an activity called Soul-to-Soul, a day spent sharing our life stories. Such deep vulnerability united our hearts as did our routine prayer and worship together. We also met once per week with our small group leader for one-on-one mentoring sessions. These heavy discussions were balanced by service and fun together! Serving, we supported Cornerstone Church in their weekly outreach to the underserved. For fun, we worshipped on the Corona del Mar beach, visited beautiful La Jolla and Coronado Island in the San Diego area, and ventured to Santa Monica Pier in L.A. in addition to exploring our home-away-from-home, Redlands, CA!

