



# Medical Strategic Network

## Whole Person Care Preceptorship 2014

### See One

#### METS Conference

The Whole Person Care Preceptorship began with a three day METS (Medical Evangelism Training & Strategies) Conference, designed to train students on how to address the spiritual needs of patients. We learned how to ethically take a spiritual history, listen to the lament of a patient's heart, and share the gospel when appropriate. In addition, medical professionals spoke on how they incorporated their faith into medicine. Putting what we learned into practice, we used Loma Linda University Medical Center to converse with patients about their emotional and spiritual needs.

"God is teaching me how to find my identity in Christ, and that defines who I am and what I do." - Duke Yeh



#### Shadowing

Up to twice a week, we had the opportunity to shadow Christian physicians. By talking with patients about their fears and sources of strength, physicians assessed the spiritual needs of patients along with their physical needs. This often resulted in praying with patients and occasionally sharing the gospel. Patients were typically grateful to have their spiritual needs addressed. We learned that the spiritual and emotional burdens of a person can sometimes manifest as physical symptoms, such as chest pain and headaches.

#### Mentoring

In addition to caring for patients, we had others pour into us. Once a week, we met one-on-one with a mentor, responsible for teaching us how to live a Spirit filled life and multiply our faith. They helped us to analyze our walk with Christ and pointed us in a direction to grow closer to him. Men's and Women's small groups were led by our mentor. Within these groups, we studied the Bible and shared our life stories in order to become closer with God and each other.

"God has really taught me to rely on the Holy Spirit and that it's not up to me to save people, but it's up to him." - Brittany Holliman

### Do One

Twice a week, we visited Loma Linda Medical Center, where we paired up and took spiritual histories of patients. We dialoged with patients about their fears, sources of strength, and coping mechanisms. When patients demonstrated a desire to know God, we used the techniques we learned to share the gospel. This included: sharing a booklet describing man's brokenness and God's plan of redemption through Jesus, using Romans 6:23 to describe Christ as the bridge between human sin and a holy God, and our own personal testimonies.



My partner and I walked into a patient's room; we saw him handcuffed to the bed and a policeman sitting in the chair next to him. While taking a spiritual history of the patient, we found out that he had been injured in prison and sent to the hospital. He had a troubled past and was searching for something to get him through this rough time. We read through the Knowing God Personally booklet, and the patient decided to accept Christ.

**Natalee Cook**  
OBU-CON  
Nursing



We talked to a woman with a Catholic background, but she was discouraged that she didn't read the Bible much due to struggles to understand the Bible. Lately, her son had been asking questions about God, so she felt compelled to learn more about God but powerless to do so. We felt that God opened the door for us to share the gospel using the Knowing God Personally booklet. She said it was new to her that salvation was a completely free gift. We were encouraged by the work God is doing in her and can do in the future.

**Kelly Nishikawa**  
LLU-SOM  
Medicine



They began asking him questions about how he was feeling. He said he was having chest pain and his daughter explained that he was just finishing chemo. The discussion continued as the man looked up with huge scared eyes. As he sat there breathing shallowly, it just hit me, I'm learning spiritual care... we need to pray. So, I bent down and said, "Sir, would it be helpful if we prayed for you?" He responded that it would be helpful, so amidst the buses in the parking lot at the Hollywood Bowl, I bent down and prayed for this gentleman. Seeing that studies show a positive correlation between prayer and heart disease, cancer, mortality, and psychological disorders, it seemed like an appropriate and logical question to ask this 89 year old gentleman who had just received chemo.

**Jennifer Pegram**  
NCSU  
Recreational Therapy



"This summer changed the way I see patients in the hospital. Instead of seeing the condition, I see someone who is loved by God."  
-Dylan Carroll

"It's not about what I do for God, it's about accepting what he's done for me. That should be our motivation to serve him." - Andee Clark

# Teach One

The last week of the preceptorship was used for teaching the things we learned. We trained thirty pre-professional students (pre-pros) on how to do spiritual assessments and ethically share the gospel with patients in nursing homes. In addition, we mentored the pre-pros and aided them in assessing their own walk with Christ. This experience equipped us to teach others what we've learned on our own campuses and incorporate Christ's mission into our medical practice for a lifetime.

# Don't Forget about the Fellowship...

