The Power to Care  
By Brittany Jeanloz

The idea of giving spiritual care in the hospital is petrifying and yet, every time the Holy Spirit grants me a sense of calmness and motivation. I constantly pray throughout the practicum and afterwards as I reflect on the day. A verse that has encouraged me is 1 Corinthians 2:4-5. “My message and my preaching were not with wise and persuasive words, but with a demonstration of the Spirit’s power, so that your faith might not rest on men’s wisdom, but on God’s power.” What do I have to worry about? God is all-powerful and I am called to reflect on the day. A verse that has encouraged me is 1 Corinthians 2:4-5. “My message and my preaching were not with wise and persuasive words, but with a demonstration of the Spirit’s power, so that your faith might not rest on men’s wisdom, but on God’s power.” What do I have to worry about? God is all-powerful and I am called to

A Summer That Lasts A Lifetime  
By Kendra Cooper

It takes one physician or nurse two minutes to look at the body of an individual, tell him the problem, and walk away, potentially leaving that person in a state of despair. Likewise, two minutes can involve a question, listen to the patient’s response, understand the deep concerns of their heart, pray with them, and walk away giving them one of the most beneficial treatments they may ever receive. How can it be that something so vital, a person’s inner being and the very state of their soul, can be counted as trivial in the world of modern medicine that most professionals make light the issue or ignore it altogether? During my first experience at the hospital, we were able to interact with a patient who, in my eyes, wasn’t able to understand anything we were sharing with him. Even though it was difficult for him to respond, he was happy to talk to us, and we eventually asked him if his illness changed the way he related to God. I thought to myself “He’s not going to understand this at all.” Surprisingly, he blurted out, “I love it!” It was a very humbling moment. God showed me that my own opinion and knowledge of the situation was limited and that He was at work there long before I arrived on the scene. We shared the Knowing God Personally, and this man prayed to receive Christ into his heart! I was shocked and overjoyed. In the hallway, we were approached by his doctor who inquired what we had been talking about. After explaining, he looked at us and said, “The man in that room may not look like it, but he understood every word you just said. He’s autistic but an incredibly bright individual. Even though he didn’t speak much, in his mind he knew what was going on.” I was humbled even more. God has since been helping me understand that I have no right to pick and choose which patients I will share with because of who I think will comprehend the gospel best.

Practicums at Loma Linda  
By Michelle VonSpreckelsen

Some of the things students gained from the conference are:
1. Taking a spiritual history
2. Learning how to present the gospel and our personal testimony
3. Developing skills in handling questions from interested patients, colleagues, and others
4. Meeting health professionals who are excited about bringing Christ into their practice
5. Listening to and gaining insights from experienced mentors
6. Being able to practice what we learned in the local hospital

Practicums at Loma Linda

Welcome Home  
By Melissa Wierman

Alumni were able to join the preceptorship this year for a reunion to reflect on the time of their learning and be reminded of the calling of spiritual care in medical practice.

Amy Birdsong, who attended the 2008 preceptorship said, “The METS reunion was such a time of encouragement for me! I left with a renewed vision for Whole Person Care and a greater passion to see my colleagues come to Christ. It was a privilege to hear Dr. Chen share, and I was challenged by his humble, obedient spirit. The rich fellowship with alumni was evidence that it truly is a summer that lasts a lifetime!”

METS Preceptorship 2010 The Journey  
By Krysta Arnold

We kicked off the first four days of the preceptorship with the METS conference where we were joined with other health professionals and students to learn more about whole person care. The METS conference is designed for students in healthcare professional to offer specialized training to help meet the spiritual needs of patients.

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Dr. Chen with students

How has METS affected the way you see your patients?  
“Coming into METS with little patient contact and no preconceived notions, I’m thrilled to learn whole person care the first time around.” -Klaireece Fitch

“Addressing spiritual issues is not something you do extra when you have time. It is essential to understanding each patient.” -Misha Lomize

“It is by God’s grace that we are on this side of the desk.” -Dr. Harvey Elder

Getting There is Half the Journey  
By Melissa Wierman

The preceptorship started to influence my faith even before I set foot in California. I looked forward to all that I would learn about whole person care, but I also wondered how I was going to raise enough funds. I felt like “ye of little faith” at times; however, the Lord was faithful to remind me to keep my eyes fixed on Him. After all, everything belongs to Him. He provides and equips. God supplied me with some small jobs, but mostly used other people to support me financially.

At times I would receive a couple letters in the mail from friends and family, but there were other days I would receive nothing. When asked how I expected to pay for the trip, I would respond that I trusted the Lord to provide. Today I boast in the Lord that He is faithful, supplying my every need, financially and otherwise.

As I reflect on how the Lord has perfectly orchestrated every aspect to allow me to be here this summer, I am reminded of Isaiah 25:1. “Indeed, I praise the Lord for He has worked with perfect faithfulness His plans concerning me.” I would like to thank everyone who supports this ministry. God has used you to bless and encourage us greatly!

A Summer That Lasts A Lifetime  
By Kendra Cooper

Alumni come to visit

An Unlikely Story of Salvation  
By Kendra Cooper

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Brokenness: Being a Vessel God Can Use

By Andrew Wai

Coming to METS allowed me to take a step back from practicing clinical medicine and see my patients the way God sees them: as people with immense worth and value and therefore deserving of whole person care, not just medical care. In my third year of medical school, I often made the assumption that my patients didn’t need or want spiritual care; however, through METS I learned that they not only want it, but they want a lot of it. Ultimately, METS awakened me from my slumber with regards to integral parts of my faith such as sharing the Gospel and discipleship. It has been refreshing to have my understanding of God enlarged through this preceptorship.

What has God been teaching you at METS this summer?

“I’ve heard and know the need to depend on God, but it wasn’t until METS that I learned how to do that in a practical way.” - Jen Chu

“God sees me as adequate and accepted because of what Jesus has done for me.” - Tim O’Brien

A New Perception

By Melissa Howard

I have just seen God break down every barrier as He gently, yet powerfully, reminds me how small I am and how big and capable He is to move mountains and change hearts. It is only our job to obey Him and step out in faith to share the most amazing good news in history! It is not about us; it is all about Him and His glory. My view of patients prior to METS has forever been changed. I now see them as God’s precious children who deeply need Him. I count it as a privilege and honor to be a part of this amazing training and experience that will continue to have an immense impact in my life forever.

The Social Calendar

June 23
A Day In L.A.- Hollywood, Getty Museum, Santa Monica Pier

June 26
San Diego- Beach Day, Snorkel & Kayak, Visiting Corona Del Mar, Extraordinary Desserts

July 4
Saddleback Church, Laguna Beach, Downtown Disney Fireworks

July 5
A Day of Service for our Mentors!

July 10-13
Visiting Arizona Clinics